MESSENGER

Edition No. 70 June 2022

Outstanding, MES Cairo!



BSO Inspection March 2022, Cambridge Learner Awards, Spring Concert, Sports Days, Trips ... and so much more!



School Director Foreword	3
Cambridge Outstanding Learner Awards Ceremony	5
Spring Concert	8
Key Stage Transition	10
Foundation Stage 1	12
Foundation Stage 2	14
Grade 8 and Foundation Stage 2 Reading Buddies	15
Year 1	16
Year 2	17
Year 3	19
Year 4	20
Year 5	22
Year 6	25
American Section News	27
British Section News	27
Secondary Learning Development Department	31
MES Cairo University Offers	32
American Section Seniors Farewell Lunch	34
IBDP News	35
Celebrating Secondary Achievement	40
Y/G9 Art Trip to GES Cairo Art Exhibition	44
Artbeat	45
Secondary House News	54
Secondary Sports Desk	55
Primary Sports Desk	57
International Award	58
Primary and Secondary ASAs	59
Primary and Secondary Pioneers	60
MES Cairo Achievers	61
MES Cairo Clinic	61
MESMerised	62



BSO Inspectors visit MES Cairo

Every three years, MES Cairo subscribes to an important inspection cycle called BSO Accreditation (British Schools Overseas). Accreditation is important to a school because it involves the authorisation of verified inspectorates to impartially review all aspects of school practice and form judgements against strict standards. The process is similar to a rigorous test/examination by an external agency who leaves no stone unturned as they review curriculum, teaching and learning, health and safety, policies and procedures and the quality of governance and leadership. MES Cairo has been through the BSO process three times previously.

During the inspection visit, over 120 lesson observations took place, as well as a series of learning walks. School documentation and policies were analysed and data reviewed. Students' work was scrutinised, and discussions were held with the senior staff, management teams and a range of teachers, parents and groups of students. The inspection team was in school for three days.

With a legacy of successful inspections we should not be surprised that our most recent inspection in March 2022 also resulted in excellent judgements. We are an 'outstanding' school. We have maintained this standard over four accreditation cycles now and are amongst a handful of schools in the world to have achieved this. We are the only school with this legacy in Egypt and we are deservedly proud to share with you excerpts of the inspection report; you can read the full report on our website.

"Modern English School Cairo (MES) provides a very high standard of education and care: the distinctive atmosphere, attention to detail and family culture lead directly to excellent focus on individuals' needs and outstanding learning."

"The quality of learning and teaching is excellent. Outstanding leadership and governance ensures that students thrive. The students are proud to be members of the MES Cairo community and they value highly the opportunities it provides. The progress the school has made since the last inspection, in spite of the pandemic, is commendable."

"There are many strengths at MES Cairo, including the following:

- The school culture is positive, warm and welcoming.
- The students feel safe and secure and have wonderful relationships with their teachers.
- There is a truly family feeling at MES Cairo which is rare, distinctive and highly conducive to excellent learning and care.
- The school has a strong feeling of Britishness which can be seen in lesson observations along with having British values closely tied in with local values, students at MES Cairo have a strong pride of wanting to go to universities in the UK.
- Outstanding provision of open-ended and enquiry-based activities to promote critical thinking and problem solving in Early Years.

- Outstanding provision of career guidance given to students from Year 8 onwards.
- Excellent teaching, emphasising independent learning skills and self-guided learning,
- Excellent support for students to seek further information, leading to a 'flipped' approach where students are in charge of their learning.
- Great opportunities for differentiation, managed by the students themselves.
- Truly integrated use of technology, including 'bring your own device' (BYOD) from Year 3, leading to enhanced learning opportunities
- The attainment levels achieved by students across the school is outstanding in comparison to 2018/19
 data: the blended learning approach is clearly effective.
- Across all the key stages of the National Curriculum, student attainment and progress is recorded and analysed well, through regular teacher marked assessments, hard copy and online.
- Social skills of the students are highly developed, leading to excellent mutual support.
- The school focuses very emphatically on the welfare, care, health and safety of the students
- Unity of vision and purpose of the owners, the board, SLT, PSLT and SSLT, based on leaders' accurate
 knowledge of the school and ability to use knowledge to set key priorities, success criteria and action
 plans, are real strengths.
- The passion of the owners and the board for and commitment to the school, and their ability and willingness to challenge and support senior leaders effectively lead directly to a very successful school."

We were proud to showcase our school to such distinguished visitors and delighted that their judgements align with the quality of school that we all work so very hard to uphold.

Sincere thanks to all members of the MES Cairo community who contributed to the 'outstanding' outcome of the inspection.

Mrs Nicola Singleton - School Director





We also convey appreciation to the inspection team who diligently and tirelessly worked through their significant responsibilities:



Dr Mark Evans, Lead Inspector



Jennifer Gilchrist



Karen Henratty



Larry Thaxter



Mohsen Ibrahim



Tara Foster



CAMBRIDGE INTERNATIONAL CENTRE

Cambridge Outstanding Learner Awards Ceremony

On Sunday 27th March 2022, we were able to open the Theatre to parents for the first time in two years to celebrate success in the IGCSE and A level examinations in May/June 2021 and present Cambridge Outstanding Learner Awards.





Mrs Singleton gave an opening address and expressed her delight in being able to meet parents face to face and the opportunity to celebrate the school partnership with parents and students. She spoke of the quality of education that MES Cairo students access, alongside their family's support at home and the intuitive work ethic synonymous with our high achievers, and congratulated

the 23 students whose significant achievements had been recognised.

We were pleased to invite Ms Maye El Hadad as our Guest Speaker, Senior Educational Consultant for Egypt and North Africa representing Cambridge Assessment International

Education. She spoke of the students' tremendous achievements in the Cambridge International examinations and applauded the diverse range of subjects that our student awards represent. She also highlighted how the recognition of Cambridge International Examinations opened doors to top tier universities.

Modern English School Cairo students have earned public recognition for their outstanding performance in IGCSE and A Levels over the years and this year was no exception. Cambridge International recognises the country's top achievers in their



'Outstanding Learner Awards' each year, and this year, our students dominated the award list with twenty-three awards, more than any other school in the country.

A special mention to our '**Top of the World**', Learner Award recipient for AS Arabic, **Mariam Shalaby** (formerly Y12R). Arabic is a very popular subject in the region with high uptake.

A number of our students were awarded 'Best across 'Awards. These are highly sought after and show outstanding commitment and learning across a range of subjects.

Cambridge Assessment International Education TOP IN THE WORLD AS LEVEL ARABIC LANGUAGE MARIAM SHALABY

Best across 7 IGCSEs:

1st in Cairo - Farah Sawan (Y11G) 2nd in Cairo - Jameelah Azab (Y11B) 3rd in Cairo - Fatema Al Zahraa Kamal (Y11R)

Best across 8 IGCSEs:

1st in Egypt - Mohammed Desouki (Y11Y) 2nd in Cairo - Sarah Thomas (Y11R) 3rd in Cairo - Malak Ramadan (Y11B)

Best across 9 IGCSEs:

2nd in Cairo - Fatima Abaddy (Y11R) 3rd in Cairo - Youssef ElBanhawi (DP11R)

Best across 4 AS Levels:

3rd place in Cairo - Jasser Zoheiry (Y12Y)

We are extremely proud of all our students who were awarded 'High achievement,' 'Top in Egypt', 'Top in Cairo' or 'Best Across', Outstanding Learner Awards. We look forward to seeing where their educational pathway will take them. A few of our students were unable to attend the Awards Ceremony, but they were in our thoughts, and we wish Layla Sedek, who was awarded a High Achievement Award for

















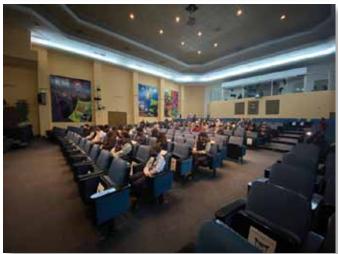
Psychology at A Level and is now studying Psychology at King's College and Fady El Miry who was awarded 'Top in Egypt' in Chemistry and is now studying Architectural Engineering at the University of Leeds, every success as they continue their university studies.





















Congratulations to all our Outstanding Learner Award recipients.





SPRING CONCERT





On Thursday 26th May 2022, Modern English School Cairo held its first large-scale Spring Concert since the pandemic. MES Cairo is renowned for its choral prowess which has flourished over recent years in both Primary and Secondary sections. Under the leadership of Mr Joey Harper and Mr Kyle Cullen, the choirs of both sections performed a repertoire of contemporary and traditional classics.





The evening started with a number of solo instrumentalists from the Secondary British Section. Hassan Motawea (Y8Y), Judy Ghoniem (Y8Y), Malak Nosseir (Y8Y) and Zain Shaalan (Y7B) provided high quality musicianship to impress the audience and lay the foundation for the evening to come. The Primary Choir, conducted by Mr Cullen continued the impressive array of talent on show to perform *Dreamer*, *Rain Dance* and *Rhythm*













of Life. The joy and energy exuded was a culmination of many weeks or rehearsals, which had paid off to give a memorable performance.



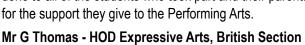
The finale to the evening was provided by the Grade 8 Choir, CASCADE Choir, American Section Choir and Combined Choirs under the baton of Mr Harper. There were also many soloists that sang to a very high level and would not look out of place in a professional



setting. Credit goes to Amina El Borolossy (G11R), Miray Wahib (G11Y), Malak Altaf (G11B), Tamara Azmy (Y12Y) and Malak Mekky (Y12R) for sharing their talent.



This was a very special evening enjoyed by all and we are looking forward to staging many more in the future. Well done to all of the students who took part and their parents for the support they give to the Performing Arts.















Key Stage 1 Transition













A smooth transition between year groups is very important here at MES Cairo. We want all students to feel happy and excited about their move to a new year group. Therefore, throughout the year, we carefully planned a range of activities and opportunities for FS1, FS2, Y1 and Y2 students. These activities have ranged from classroom and Pod activities to story time sessions. The students and staff have really enjoyed all the transition sessions that have taken place. The students have been able to see their new year group including the different classrooms and the pod area. They have been able to speak to teachers currently in that year group and ask them any questions

they may have. The teachers and students spoke about the similarities and differences between each of the year groups and everyone was enthusiastic about the exciting new opportunities they have to look forward to.

A major transition point is for FS2

students who are moving into Year One. Not only are they moving to a new year group, but they are also moving to a new Key Stage - from Foundation Stage to Key Stage One. This year, the students will be 'shuffled' and therefore the FS2 students will also have new classes. We appreciate that this is a lot of change for some of our youngest students, but we have worked hard to provide an excellent transition experience. To help prepare them for this move, the FS2 and Year 1 teaching teams have worked together all year to help prevent and alleviate any stress that could have occurred from this move. These experiences enable the FS2 students to become very familiar with the Year 1 learning environment. They have had the opportunity to visit each of the







Year 1 classrooms to complete activities such as a Phonics lesson and to engage in 'COOL' activities during student led conferencing. The FS2 students have completed these transition activities in mixed classes to help prepare them for the 'shuffle' next academic year. This means that all students will have the opportunity to build and develop their friendships with students from other classes. This has





been very successful, and it has been a joy to see the FS2 students grow in confidence as they greet different members of our school community. Another popular activity has been our 'buddy' lunches. Each FS2 student has been assigned a Year 1 buddy. This buddy has answered any questions they have had about the move, sat with them at lunchtime in their new playground and shown them around the classroom and yards. It has been lovely to see our Year 1 students engaging so positively with the younger students.

The process of transition may be viewed as one of adaptation. We have found that the best adaptation takes place when conditions are similar, communication is encouraged, and changes take place gradually over time. Therefore, this transition process will continue into the new school year to ensure all students have a positive and enjoyable learning experience at MES Cairo. We hope that you are as excited as the students are for their next stage in their learning journey.



Mrs C Readman - Headteacher Key Stage 1 and Ms S MacDonald - Year 1 Year Leader







FS1 STUDENTS EMBRACE THEIR FANTASTY TOPIC AND BECOME SUPERHEROES!





The Gruffalo by Julia Donaldson

Where the Wild Things Are by Maurice Sendak

It has been a very busy, fun and exciting time in FS1; especially during the Fantasy topic. FS1 teachers considered the different ways they could bring fantasy and wonder to the children, whilst building on prior knowledge and extending their learning. By linking different aspects of fantasy to engaging and entertaining stories, the world of fantasy began with mythical creatures.

The students looked at different mythical creatures and where they might live, what they might eat and what they could do. The story of Where the Wild Things Are helped the children's imagination as to what a mythical creature might look like. All the classes did great artwork and created wonderful collages. Their 'wild things' characters had huge round eyes, jagged teeth and pointy tusks. The children also made their own crowns to wear, so they could be king of the wild things, just like Max from the story. In Yellow class, the children enjoyed the small world activity; where they could play with the characters and let them sail away across the 'sea' in a boat to discover more wild creatures.

A popular mythical creature with the children was *The Gruffalo*. They really enjoyed the story and could describe what the Gruffalo looked like. In their music lessons, they learned a special song all about the Gruffalo, with his terrible teeth, poisonous wart and purple prickly back. This helped the children to create their own Gruffalo pictures and fabulous Gruffalo faces. In Blue class, there was a dark, hidden Gruffalo Den; where the children could use a torch to read more books, all about different mythical creatures. During their Outdoor Learning sessions, the FS1 children looked at different sized cardboard footprints and tried to decide which mythical creature they belonged to. They could recognise which was the small footprint, which was bigger and which was the biggest. Then they measured the footprint with their shoes to see the difference. The creature's footprint was huge compared to the children's tiny feet.

Next, it was time to move on to other types of fantasy characters - witches, wizards and princesses! All the FS1 children thoroughly enjoyed the *Room on the Broom* story by Julia Donaldson. The children discussed what a witch looked like and many of them drew their own green witch, with a black hat and a long black dress. The children in Red class created witches out of bright green play dough. With large googly









eyes, crooked noses and black witches' hats. In Green class, the children used their collage skills to cut and stick shapes onto a green face. A long triangular black hat was then decorated and put on top of the witch's head, creating super, scary witches faces. All the classes had a potion making activity for the children to experiment with. The children really enjoyed mixing and stirring the different ingredients to concoct their own potions. Violet class measured and poured the ingredients into different containers and had lots of fun deciding what else to add into their potion recipe.

The Princess and the Wizard was the next story book the children enjoyed. When the mean wizard interrupted the Princesses birthday party, it provided lots of interesting discussions and ideas for play from the children. Many of the children enjoyed doing a birthday party activity, playing with tea sets and birthday toy food. The children took turns sharing and socialising with their classmates. In a continuous provision Maths activity, the children made play dough birthday cupcakes, which they counted and placed candles in to represent different numbers. In Blue class, the children made their own fantasy character books, by cutting and sticking different pictures onto their card book. They used witches, wizards, princesses, dragons, unicorns and frogs, to create their colourful books. Violet class enjoyed choosing different fantasy books to read, they particularly enjoyed the princess books with beautiful pictures to look at and lots of exciting characters to discover.

The FS1 children are all super, so it was a perfect choice to do superheroes for the final fantasy weeks. We discussed what a superhero is, and the children



suggested different powers a superhero might have. Many of the children wanted to be able to fly, just like lots of superheroes can. Some wanted to be invisible! Orange class created their own superhero cone-shaped characters by using their cutting skills to cut the colourful characters out. The *Superworm* story was all about a long, strong worm. The FS1 children created worms in different ways, by drawings, building blocks and yarn wrapping worms; there were lots of different super worms in FS1. In Green class, the children created a supertato character in their art and craft activity with googly eyes, lolly stick arms and black tape eye masks. Red class children created their supertato characters from real potatoes...they washed them first in a messy play activity, then they painted them before adding a superhero cape. Their finished Supertatos looked just like the character from the story. Orange class enjoyed building towers with blocks and this is what they did with their superhero blocks. They placed the superhero blocks on top of each other to see how high they could build them. Most superheroes need a mask and cape so the children in Yellow class made their own to wear. They used their cutting skills to cut out the masks, then coloured and decorated them before wearing them. Some of the children made their own superhero wrist cuffs, just like some superhero characters wear. Then the children coloured in different patterned capes which they then wore on their backs.

A superhero, super fun, super time was had by all the FS1 children and their teachers!

Ms Z Walker - FS1 Blue Teacher

FOUNDATION STAGE 2 STUDENTS ENJOY A SWASHBUCKLING TIME AS PIRATES!

Yo! Ho! Ho! FS2 has been awash with pirate talk as we started our new 'pirates' topic'! We welcomed our students back after the break to a swashbuckling, busy timetable filled with fabulous activities and learning. The staff have all commented on how grown up the children look and how mature they have become, settling straight back into our routines with ease.

We are delighted with the continued improvement in accessing Bug Club and encourage you to log in at least three times per week to read with your child. Don't forget the children also need to complete the little quizzes



to enhance their reading comprehension. These skills are vital as they move through the reading levels.



Our Jolly Phonics focus for the remainder of the FS2 year will be securing our knowledge of digraphs and trigraphs and reading sentences containing all the sounds that we know. We will continue to tell fantastic stories and write wonderful sentences more independently.

Students continue to build on the foundations of number fluency and will develop new skills in classifying shapes, tessellation and explore weight and capacity by mixing up potions.

The students have loved the extended time that they now have in their continuous provision in class, the Pod and outdoor learning and we are observing them build on their taught skills throughout every session.



As the weather is now wonderfully warm, the children are enjoying new seasonal changes in the outdoor areas and are reveling in exploring the gardens and activities. They are always so enthusiastic to participate in outdoor learning sessions with the Senior Peer Mentors and this has been widely praised by all involved.

As we look forward to the final term in FS2, our students are taking part in regular transition activities with the Year 1 children and staff and have, so far, loved showing everyone how grown up they are.











Grade 8 and Foundation Stage 2 Reading Buddies







Grade 8 Green class has worked very hard in Term Two. As a reward, Ms Hice has worked with FS2 Blue teacher, Ms Bridgland to plan joined activities for the two classes.

Students were paired with their buddies by the teachers and the FS2 students each had a book they chose to read with their Middle School partners. During the introductory activity, the FS2 students drew portraits of themselves and their buddies on paper while sharing things about themselves. Afterwards in the yard, each pair found a comfortable place to read and got to spend time together for the remainder of the period. It was a chance for each FS2 student to get one-on-one time with a buddy to read their book and students of both grade levels really enjoyed the day.





This was one of the first times that Grade 8 students were offered mentorship opportunities for younger MES Cairo students and they loved the chance to support them as they practised their student skills. The Grade 8 class visited their buddies for

another lesson a few weeks later in Term Three to share in more collaborative activities. The teachers are coordinating one final meeting so the buddies will get to reunite once more before the school year ends!

Ms Cara spoke on the impact the meetings have had in her class: "FS2 Blue loved having some time with our Grade 8 buddies. It was a great opportunity for our class to build relationships across the school and see what good role models in our school look like. The students created great bonds and are always asking when we can next visit our buddies."

Below are some quotes from our students about their time together:



"It was fun reading with Habiba because she was really funny and cute. She taught me how to draw a star the way she does, and she read me her Peppa Pig book. She was very nice, and we both had fun." Karma Kirollos (G8G) "The highlights of my experience with Yassin and Hassan. They were amazing. I learnt a lot about them both. I learnt that Yassin's favourite animal was a lion and that he loves lions because of their "hair". I also learnt that Yassin plays Judo, and Hassan loves to play all the games, and he is very humorous. I learned that the FS2's are very interesting and have an amazing imagination."

Marwan El-Koussi (G8G)

"I like our buddies because they are kind and independent". Hassan Abdelfattah (FS2B)

"Ibrahim and I were able to discuss and learn a lot of interesting things about each other. I considered this as an ecstatic experience, as I was able to help people that were in FS2, while still having fun. Ibrahim was a very interesting person, he loves football, plays judo, and likes racing. All in all, it was a gleeful experience, and I hope to get an opportunity to go and help them at another time."

Omar Bahgat (G8G)



"I loved it when our buddies read the story to us. They were good at reading!" Kareem El Fiky (FS2B)

"I liked colouring with my buddy". Habiba El Sayyad (FS2B)

"Our encounter today with the FS2 children was amazing. I was paired up with a child called Kareem. Throughout the period, we coloured two characters, one resembling me and the other Kareem, using our three favourite colours. Then we read his favourite book about animals. I learned

that his favourite animal is a



lion. Overall, it was such a great experience. I hope to do it again soon." Omar Gad (G8G)

Year 1 Students go to KidZania







It was time for our Year 1 students to have a whole day of fun learning outside of school and apply all their knowledge about money and buying items. We were lucky that all six classes got to visit KidZania on the same day, so we got to all share the fun memories of the day and reminisce about the fun and laughter. It was a trip we will always remember and one that lots of us will get to repeat and enjoy all over again during the summer holidays.

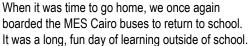
The Year 1 students and teachers all boarded the MES Cairo buses first thing in the morning and had lots of fun singing and playing games on our way to KidZania. Upon arrival, we were split into our groups to explore the town of KidZania. We had an opportunity to have a taste of adult life which was very exciting as we have been learning about different jobs that people do. This allowed us to join in and live out our dreams of firefighting, patrolling the streets as police officers, running our own beauty salons, and taking care of the babies in the hospital. We even had to put our teamwork skills to practice as we went on missions to solve problems while working at the delivery company, DHL. This allowed us to earn our wages and then at the end of the day decide what we wanted to spend our wages on.

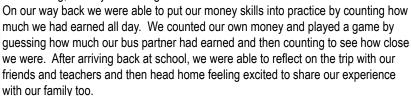


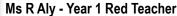


After earning our wages, we were able to visit lots of factories where we were able to make our own food and drinks. We got to make our very own Coca Cola bottles, crisps at the Chipsy factory, yogurt, biscuits and much more. It was exciting to get to eat snacks that we worked hard to earn.

In the middle of the day, we enjoyed a rest and lunch time with our class as well as our friends from other classes. We talked about our favourite jobs and factories that we visited as well as suggested to our friends where to go next. After lunch we continued to tour around the wonderful town of KidZania, earning our wages and enjoying adult life.











Year 2: Making Friends in Fagneen





As we approach the end of the school year, there seems like no better time to reflect on all the great work achieved by the students in Year 2 this year. It feels like only a few weeks ago that we were all coming back to school for the start of the academic year, with fresh new uniforms, new pencils and full of excitement. As the year has continued, the uniforms have gotten dirty or ripped, the pencils have been sharpened to nothing more than a point and an eraser, but the excitement of each new day remains.

We have covered two major Topics in Term 2B and Term 3, the first of which was trying to find an answer to the question, why do people travel? We looked particularly in depth at comparing Egypt to New Zealand, due to our large contingent of













teachers from New Zealand at MES Cairo, finding some similarities and differences between the two. Some classes even got the opportunity to learn the Haka, a traditional Maori war dance! We also learned about the reasons for different symbols on flags, as well as getting an opportunity to design our own. Our second major Topic has been questioning 'What would happen if all plants disappeared?' and has had a heavy focus on learning more about plants and their uses but has also given us an opportunity to discuss how we children can live healthier lives with food and exercise choices. These Topics have really given us a better, deeper understanding of the wider world and we would like to thank our teachers for their hard work planning and putting together such lessons, even if Mr Dan and Mr Ed did sneak a couple of Lord of the Rings references into learning about New Zealand.

Perhaps the most exciting part of the final term as members of the Year 2 family was, after two years of no trips, we were finally allowed to leave the school and go on a field trip again. We all had a really great day and got to do lots of exciting things such as a pottery workshop, making our own bread, and designing our own bag or pillowcase. We also got to go on the climbing frames and even had opportunities to ride on camels, donkeys and horses! We loved all the activities so much that most of us fell asleep on the bus home, giving our teachers a small moment's peace and quiet. Thank you to Ms Samantha for organising and planning



the trip and a thank you to all the TLAs, Ms Carol, Ms Noura and Ms Maureen for coming on the trip and supporting the teachers. An extra thank you to Ms Nermeen who came on all three separate days of the trip!

Once again special thanks must go to Ms Nermeen and our amazing team of TLAs, for once again updating the Pod on a weekly basis to reflect our learning and give us the opportunity to access other engaging forms of learning, as well as a thank you to Ms Adelaya for keeping the whole Year 2 area immaculately clean at all times.

Mr D Saberton - Year 2 Blue Teacher





An Action-Packed term for Year Three

It has been an action-packed final term in Year 3, as we continue to work together learning exciting new skills and knowledge and having a lot of fun.

This term we have learned about plants, and we have enjoyed observing a variety of different plants grow from seeds. Some seeds have grown really quickly, growing long green stems, leaves of different shapes and sizes, and many roots. Some of the seeds didn't grow at all. Can anybody





explain why that is? The life cycle of plants is really interesting and the Year 3 students have really enjoyed drawing the steps of the life cycle in detailed comic strips.

We have also been fabulous artists and have done some amazing artwork inspired by our plant topic. We went on a nature walk around the school and sketched detailed drawings of the leaves, flowers and rocks that we saw. We created portraits using a range of natural materials that the students had collected, such as leaves, flowers and twigs. We have also learnt about a famous painter called Kandinsky and have used his unique style to create beautiful images using paints and pastels. It was very messy, and great fun!



Our trip to Fagnoon Art School and Workshop Centre was a wonderful opportunity to do some plant spotting and practise our art skills. Year 3 really enjoyed designing their own bags and picture frames. We also got the chance to feed the many farm animals that live there. We baked delicious bread. Best of all, we all loved the huge outdoor space where we were able to run around and play with our friends.

As Year 3 comes to a close, our students are getting prepared for the big change of moving to a new year group. We are thinking about the changes that will be coming - new teachers, new classrooms, new timetables and are beginning to prepare for this exciting next step. We have also helped the Year 2 students get ready for their move up to Year 3, sharing our expert advice.

The Year 3 teaching staff would like to take this opportunity to say a huge well done to all the Year 3 students for their hard work and resilience during their time in Year 3. We wish you all the best of luck as you move to Year 4 and look forward to hearing about your achievements from your new teachers!

Ms K Lewis - Year 3 Year Leader

Year 4 Visited the Past...



Term 2 witnessed some fabulous individual and collaborative work accomplished in Year 4 whilst completing Topic lessons. The question poised to all students to commence our Topic study was "What did the Romans ever do for us?" As the term progressed, Year 4 students began to establish how Ancient Rome has in some way shaped the way we live our lives today.

Teachers prepared enquiry-based learning style lessons which enables students at MES Cairo to start structuring their own type of learning, by thinking about what types of questions they would like to go and research themselves in relation to our Roman study. This type of teaching and learning enhances problem-solving skills, which will help equip students for the later stages of school life at MES Cairo and also

enrich skills to be used in the workplace, after graduating.

Throughout Term 2, students looked at a wide spectrum of Roman life -

various foods the Romans ate, hobbies and games played, how Egypt was influenced by the rule of The Roman Empire, what clothes the Romans would have worn and the types of jobs Romans undertook in their communities.

The Roman Topic study concluded with all students preparing presentations for peers within their classes and a Roman dress up day at the end of Term 2. Mr Barry orchestrated a Roman parade through the streets of the MES Cairo playground. As the pictures show below all classes in Year 4 enthusiastically joined in our celebration of Roman life.







... and then became Scientists of the Future!





In Term 3, Year 4 students started to focus on Scientific related studies within Topic. The Integrated Topic content was linked to States of Matter, (liquids, solids and gases). Again, enquiry-based teaching and learning techniques have been adopted by teaching staff with a statement style question offered to students in the first week of Term 3; What's the Matter?

As we write this article many experiments within the Science Laboratory have already been completed by all students in all Year 4 classes. Some wonderful, innovative pictures below reveal practical, collaborative learning within a scientific environment. It is hoped as the weeks progress towards the end of Term 3 students will adopt many of these newly developed skills and theories and then use them to research, plan and deliver a Scientifically based design as part of the Year 4 Science Fair at the end of Term 3.

As we can see below the Scientists we help create now, will also be the Scientists of the future!









Mr P Downey - Year 4 Blue Teacher

THE TO New Adventures for Year 5:







And just like that - our Year 5 students are transitioning to Year 6 and embarking on their final year of Primary School. The Year 5 teachers have enjoyed the year with our problem solving, hardworking, creative, resilient, risk-taking, collaborative and kind little - but not so little - students. They are ready for Year 6 - ready to show the school what role models they are and ready to prove themselves and all they are capable of. Whilst this time of the year can be bittersweet, let's look back at the year that was and celebrate the highlights of Year 5 2021-2022.

Year 5 Red (Mr Tom)

It is almost impossible for Year 5 Red to choose a highlight because we have had many. For many students one of the biggest highlights of the year was the rocket experiment we did in Science lessons at the beginning of the year. In this lesson we were tasked with building a working, firing rocket using only plastic bottles, baking powder and vinegar. All the students came up with some unique designs and creative decorations for their rockets and it was so exciting to see them fire up into the sky in the playground. It was wonderful fun! Perhaps not our biggest highlight this year, but certainly our biggest achievement has been the relationship skills we have developed this year. I have taught at MES Cairo for five years now and I can confidently say that this class has been one of the best when working cooperatively with one another. In all group tasks we have completed this year, there has always been a wonderful mix of creativity and respectful communication. Great job Red class and good luck for next year!

Year 5 Orange (Ms Emily)

Another remarkable highlight of Year 5 Orange has been during our Term 2A STEAM week. We demonstrated resourcefulness by using the online resource Epic to investigate different dams around the world and explore how they function. Our relationship skills were also put to the test as we got into different groups and planned how we were going to build and test our













own dam in the classroom. This required us to set goals, draw out a design, allocate job roles and begin building. Undoubtedly, we encountered obstacles but applied our problem-solving skills to overcome them. We really enjoyed transforming our written plan into an actual functioning dam; it was even more rewarding that we got to test them in our classrooms and reflect on what went well and how we could have improved next time.

Year 5 Yellow (Ms Alisha)

It was so much fun to reminisce about the incredible year that Year 5 Yellow have had; we almost could not pick a favourite memory. However, the reintroduction of Houses this year has been a source of great excitement for Yellow class. Our exceptional behaviour in specialist lessons has allowed us to earn many House points for our teams but, even more exciting, was the House Day we had in Term 1. In Yellow class, we love sports, so when we found out the House competition was playing endball, we were ecstatic! Luckily, the PE Department had prepared us well by teaching us rules, as well as giving us some tips and tricks. Our PE lessons allowed us to be incredibly successful: passing efficiently, playing well as a team and communicating with each other. Alongside the sports, we completed several guizzes which gave us the opportunity to share our knowledge and problem-solving skills with our Houses. This task even gave us the chance to see photos of our teachers when they were children - it certainly made it tricky (and entertaining!) when we couldn't work out if they were a boy or girl! Every single member of Year 5 Yellow tried their best, remaining resilient, and we were all proud of our Houses at the end of the day! We are looking forward to more House days this year and next.





Year 5 Green (Mr Josh)

Where to begin? Firstly, it's been absolutely fantastic for the students (and teachers) to all be back in front of full classes together, so straight off the mark, this has been a highlight. Year 5 Green has also loved getting stuck into the many practical activities that we challenged ourselves with this year - from designing, testing and evaluating parachutes, boats and rockets,









to making pulleys, levers and gears in home learning projects. There has been so much hands-on learning, with the students taking the lead in their own enquiries. Another highlight for us is how practical and investigative we have been in our Maths lessons, utilising lots of manipulatives to lead the way to mastery. Unfortunately, one aspect of the year for the class that probably wasn't so much a highlight (for them) were Mr Josh's terrible jokes! (I will keep working on my timing, 5 Green.) It has been awesome to teach this class and I'm sure they will be awesome in Year 6 too!

Year 5 Blue (Ms Maryam)

What a year we have had! Blue class has been a very interesting place to be indeed. Whether it has been online or in school, we have always had exciting things to look forward to. One of our favourite moments has been during our English topics while we were debating. This was a chance for us to develop our arguing skills (sorry parents!) and think about the proper way to structure an argument. We also thought about how important it is to listen to an argument and think about how to properly respond to it in a respectful way that clearly and articulately gets your point across. As we have some natural

debaters in class this is where they felt right at home. Those who didn't feel as confident to begin with, had gotten the hang of it by the end of the lesson and really made us proud! As always, Blue Class is full of resilience and enthusiasm and this was just one of many wonderful things to happen this year. An inspirational bunch of little, big learners!

Year 5 Violet (Ms Annette)

A significant highlight in 5 Violet was the learning journey we had in Term 2b. We began our enquiry-based learning topic: May the force be with you. The force was certainly strong in our classroom! We become scientists - planning, conducting, refining and observing various experiments. What makes an effective parachute? How can we design a streamlined boat? There were successes - boats that could float, move in a straight line and hold weight. And, happily, there were failures. Boats that sank and boats that twirled around in a circle rather than went in the intended direction. We love mistakes in 5 Violet as these are opportunities for us to learn! We discussed and observed our failures and asked the all-important guestion - what will I do next time? What have I learnt? Furthermore, during our boat making lesson, we had one group going above and beyond - designing a rubber band propeller. Collaboration, cooperation and resilience were key throughout this topic - we had to work in different groups and encourage each other to achieve our shared goal. Finally, we ended our enquiry topic by sharing back our home learning project. This was incredible! We definitely have some budding scientists in Year 5 who made projects that showed the forces of pulleys, levers and friction. As always, 5 Violet demonstrates there is no challenge they aren't capable of rising to and conquering!

We wish the Year 5s all the best in their transition to Year 6. We know they are going to be fantastic role models in their final year of Primary School.





"It's time to say goodbye, but I think goodbyes are sad and I'd much rather say hello. Hello to a new adventure" - Ernie Harwell

Year 6 Students Celebrate the end of their time in Primary







As we approach the end of the year and reflect on our time in Year 6, there is certainly a lot to celebrate and there have been many memorable moments that have made our year so wonderful. From the moment our first term started with the topic of 'Around the World in 80 Days' to the present moment in which we

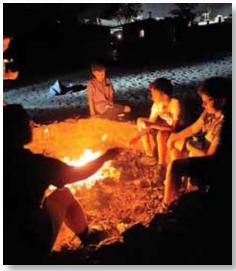


are studying 'What do animals and humans need to survive?'
Our year has been packed full of excellent, enquiry-based learning and all our students should feel very proud of all that they have achieved.



However, I am sure that for most of our students, one experience has stood out over all others and that is our residential trip to Base Camp at Ain Sokhna! Although our day started rather early, you would not have known from the excitement and enthusiasm from everyone on the coach. After unpacking in their rooms, the day's activities started. Team games gave everyone a chance to work together with a mix of their usual friends and also members of













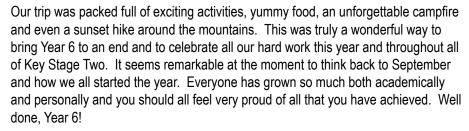
another class who they perhaps didn't know so well. This was particularly useful and timely as we approach our transition to Secondary school where we will have new classes!

After the fun of team games, it was time to cool off. One of the best things about having our trip during the May sunshine was having the opportunity for some splash



games to cool down! As you can see from the photographs, this was one of the highlights of our trip and it was great to see everyone getting involved and enjoying some slippery competition.

The most challenging and daring activity that we undertook was a high-rope obstacle course. As you can see, we had three levels of tough challenges to complete and obstacles to overcome. Although this was quite a challenge (it was very high indeed!) it was great to see so many of our students showing excellent confidence and resilience to conquer this and come down with beaming smiles and full of pride in their accomplishments.



















American Section News

Welcome Class of 2028:







On 5th and 6th of June, the American Section teachers welcomed the students and parents of the Class of 2028 on their first step moving forward to Secondary school.

Moving from Year 6 to Grade 7 is an exciting transition when students are introduced to new learning experiences, but it can also be unsettling and sometimes confusing. At MES Cairo, we pride ourselves on working as a team for the benefit of all our students, and that team very much includes the parents. Preparing early is always helpful and during the Year 6 Parent and Student Transition Days parents and students were provided information and given experiences to help prepare for the startup of the academic year in September.



Parent's Day provided information in helping parents understand important details of Grade 7. The Event included a welcome message from the Principal, Ms

Pfeil, and was followed by words of encouragement from the current Dean of Student and Vice Principal Mr McKoski. Parents then attended information sessions that addressed the topics of MAP Testing, Grading and Attendance, Classroom Expectations, Summer Work, and Google Classroom.

Student Orientation Day provided students the opportunity to meet the Grade 7 teachers and explore the unique features of Secondary school. The Orientation Day provided students with experiences that will help them transition to Middle School over the summer break and be ready to start school with enthusiasm and readiness in September.

During Orientation Day, Grade 8 Ambassadors gave students a tour of the Secondary campus and then students attended classes in English, Art, Drama, Social Studies and French or Spanish. During these classes students participated in a variety of activities that helped them understand the expectations of Middle School and enjoy the variety of learning using different materials and technology.

The Grade 7 Team enjoyed the day meeting parents and students and look forward to seeing all new students in September to the start of an exciting and productive year.

Mr D McKoski - Vice Principal and Dean of Students Grades 7 and 8

British Section News



Term Three has gone by in a flash and to celebrate, we have highlighted students who have demonstrated the key Elements of Learning through Dependability, Effort, Integrity, Readiness and Respect. We have also had opportunities to celebrate those who have shown budding scientific skills, creative flair, musical talent, eagerness to read, and the most popular awards being the ones where we have noticed students' positivity and ability to put a smile on our faces. Well done to all Key Stage 3 this year. It has been an exciting and eventful year and we look forward to seeing you grow, excel and reach your potential as you embark towards Years 8 and 9 next year!

Elements winners:

Dependability: Ebrahim Shaher (Y7R) and Noor Azzam (Y8R)

Effort: Abdullah Abdel-Hady (Y7G) and Farida El-Adl (Y8Y)

Integrity: Layla Saleh (Y7Y) and Nadia Eissa (Y8B)

 $\textbf{Readiness:} \ \textbf{Talia Shalaby (Y7R)} \ \textbf{and Abdallah Hassain (Y8Y)}$

Respect: Zain Diab (Y7Y) and Jameela Hammouda (Y8Y)

Other certificates:

The Athlete: Lily Kabeel (Y7G) and Selima Farahat (Y8R)

The Musical: Zain Shaalan (Y7B) and Judy Ghoneim (Y8Y)

The Bookworm: Sarah Mekky (Y7G) and Zeina Mazloum (Y8B)

The Scientist: Hoda Shabana (Y7B) and Layla Sabry (Y8R)

 $\textbf{The Artist} : \mbox{Safura Clement (Y7R) and Mariam Aboelsaad (Y8R)}$

The Dramatic: Karma Hassan (Y7G) and Khadiga Abdelaal (Y8B)

Certificate of Happiness: Faris El Rashed (Y7Y) and Zein El Din Elssa (Y8Y)













In a change from the norm...KS3 Homerooms are excited to share with you their truly unique experiences during the past academic year.

Year 7 Red started Secondary school with a bang, from demonstrating exemplary effort and readiness in lessons to bringing in the largest number of blankets for MES Cairo's Keep Egypt Warm campaign and winning a pizza party as a reward. We continued to get involved in school activities, working extremely hard on our World Book Week "Decorate Your Door" competition entry for our depiction of the novel *Dune*. Hard work ultimately paid off with our win. We are proud of our many accomplishments, including winning the House Chess tournament, gaining attendance and Elements awards and collecting a huge number of merits. We truly are excited to show what we can do next year in Year 8!

Year 7 Red

HRCF in Year 7 Yellow made us truly confident and comfortable with the transition to Secondary. It provided a safe space and a time to help us focus on ourselves and our emotions. We were given opportunities to work together and explore really important topics including the Elements that will help us with the rest of our school journey. We are looking forward to entering Year 8 with an added layer of confidence because of our Year 7 experiences.

Year 7 Yellow

Year 7 Blue Homeroom has grown and developed our character this year, enhancing skills including tolerance, empathy and managing our emotions. However we have demonstrated Effort, Readiness and Respect through our determination to better our attitude to learning and to others. Homeroom has been an enjoyable experience, especially silent ball which has been the most favoured activity of the year by far! The stakes are always high, and we are determined to succeed in defeating the reigning champions; Omar Saleh, Juwayriya, Salma and Youssef Kamel. We have been comfortable during Homeroom and Ms Adi has created a positive class culture for us. Of course, there are plenty of opportunities to grow moving forward into Year 8 and making progress towards the MES Cairo Graduate profile!

Year 7 Blue

It has been a pleasure to be part of Year 7 Green Homeroom this year and to grow in maturity and confidence. We definitely arrived in Secondary trying to find our way and faced multiple challenges but now we feel as comfortable as we do at home. We have completed numerous activities, with the main core of HRCF being the book, *You are Awesome*, which helps students find their inner passion, curiosity, and confidence to reach their potential – and to thrive. We have also been taught to develop empathy, kindness and responsibility through homeroom games and enjoyable projects set up by our homeroom teacher Ms Del Pino. The experience has been one we will treasure and look to top when we enter Year 8.

Year 7 Green

Whisper it quietly because we do not want to jinx it - Year 8 Red has successfully made it through KS3! The journey has not exactly been smooth. Undoubtedly the pandemic presented many challenges, but after the stop start nature of Year 7, it's been great to have a full year together in the classroom. We have had many successes both inside and



outside the classroom and particularly enjoyed the HRCF activity around creating our own business. The energy of Homeroom has remained consistently high and we have enjoyed learning about art with Mohamed El Zeiny, singing with Aley Abdel-Hamid and the warm environment that Homeroom provides us with every morning through Mr Wakley's sage advice. We would also like to give a huge shout out to our Homeroom mentor Malak, who has offered invaluable advice regarding our IGCSE choices and our next chapter into Key Stage 4 which presents a big step, but a step that many of us are well placed to succeed in. Thank you to everyone who has helped us get here!

Year 8 Red

Year 8 Yellow, what can we say! We are truly a diverse and energetic bunch. We have had a lot of ups and downs; however, we have shown great effort in our Homeroom. Starting with the 100% designed and executed *Diary of a Wimpy Kid* themed door for World Book Day door competition, all the way to our business projects in HRCF where we discovered some super creative business minds. The best part of our morning routine is the mini celebrations we would have for our daily achievements. We are blessed with some hard-working students who excel in sports, both inside and outside of class, as well as those with artistic and musical sides. We have definitely made some decisions which have helped us understand and prepare for the pathway to graduation; we know that every decision we take will help us achieve the dreams and career we spent time exploring on Unifrog. We would like to say a special thank you to Nada Sayed-Ahmed (Y12G), our Senior mentor, who was always a source of joy and inspiration in the morning. She remembered everyone's birthdays and was always great at giving advice.

Year 8 Yellow

We have enjoyed the consistency of this academic year after two years of unprecedented events. Although we weren't behind with our studies during online learning, we certainly appreciate getting back to our normal routine and being in a class environment. We particularly feel lucky to end Key Stage 3 in school as it has helped us significantly prepare for our next critical phase. Plenty of support was provided

to us by teachers and Senior mentors regarding our options for IGCSE and we feel very confident in the choices we have made. HRCF activities in Year 8 Blue have been useful in helping us form, track and achieve our goals and targets in the different areas that we have set for ourselves. One lesson which stood out for us was how to start a business which made us aware of all the skills and factors that need to be considered. We also enjoyed taking part in the Quiz Bowl competitions, completing Unifrog activities and decorating our class door for World Book week. Overall, we have a lot to be thankful for and cannot wait to start Year 9!



Year 8 Blue

Transition Day - Year 6 to Year 7

It has been a while since we have had the eager footsteps of Year 6 Primary students grace the Secondary side of the building for a full day and we were all the more excited for it! Sunday 5th June marked the day when we welcomed the new Year 7 British Section students to their upcoming academic adventure. Launched in the theatre, students listened eagerly to new opportunities in Secondary; the













possession of planners supporting the Elements of Learning, how to access a locker, and fresh subjects they would be experiencing on this preliminary taster of "A Day in the Life of Secondary".

Homeroom activities took students through the Student Planner, an MES Cairo student prized possession and a place to record learning achievements in the form of merits. Students also navigated a Scavenger Hunt of new Secondary information from the planner and played ice-breaker activities.

A range of Secondary lessons were on offer that day; the Humanities department created future historians and reporters who accumulated clues from different sources to piece together the story of Pompeii submitting a newspaper article by the end of the lesson. While Design and Technology students scaled the heights of W1 and found themselves in newly discovered territory; the workshop, drawing design,

using tools, and crafting with wood. Back in the 'S building', goggles were donned, and test tubes utilised in Science as students experimented for the very first time making rainbow fizz! The English department transformed their classroom to the

Globe of Stratford Upon Avon using Drama skills to immerse themselves into the culture and literature of Shakespearean era.

The rotation of activities throughout the day had the Secondary building wrapped in a flurry of excitement. Year 8 Student Ambassadors were also on hand to dispense wisdom learned from their 2 years in KS3 by leading the future Year 7s around the school, exploring the breadth of both Yard 5 and Yard 6, the everamazing hub known as the Learning Media Centre and the go-to offices of staff on hand to support all students on every level of the 'S Building'.

We look forward to having you as official Secondary students in September 2022!

Ms S El Saadany - Assistant Head, Years 7 and 8



Secondary Learning Development Department

It has been a busy year in the LDD across both American and British Sections! As we usher our students into their final exams, we wish them the best of luck with their study timetables and know they will show their true potential.

Gifted and Talented Club

The Gifted and Talented Club has had a fun end of term, using their logic and problem-solving skills to apply physics and engineering concepts to solve a few puzzles. The first was how to ensure that a book was held at least 5cms off the table or

ground, using ONLY paper and tape or elastics. After a few attempts, the students were encouraged to consider the strongest shapes and ponder the longest lasting structures in the world, and they solved the problem with great success. The record was forty large textbooks!

Students also performed an egg drop challenge - but this time, without parachutes or padding. Students were only given plastic straws and sellotape. They had a successful drop with no damage to the egg from a height of two storeys!





Summer Recommendations

With Summer holidays fast approaching, we encourage all of our students to take some time off to relax and also to spend some time revising and furthering their learning at their own pace. We advise students to take the time to reflect on their learning journey this year and make some plans and goals for next year.

Consider the following:

- What can I do now that I could not do at the start of this academic year?
- What subject did I enjoy the most, and why?
- What subject did I struggle with the most this year, and how can I make it easier next year?
- Did I manage my time well this year, or should I consider creating a timetable for myself next year? (HINT: come and see us in LDD if you would like help to do this!)
- What was my favourite ASA this year, and should I consider the same thing next year, or step out of my comfort zone and try something new?

Some helpful websites for summer revision are listed below:

- BBC Bitesized (British)
- Khan Academy
- No Red Ink
- Read Theory
- And of course, your Google classrooms and Hyperdocs

See you all again next year. Wishing all our students a fabulous break!

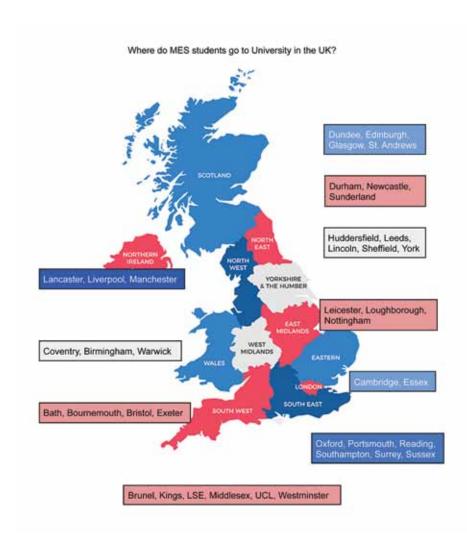
Ms C Chilton - Secondary LDD Coordinator, British Section

MES Cairo Students gain outstanding University offers

UK Universities

Not only have MES Cairo students been highly successful in their applications to UK Universities but our students have received acceptances from some of the highest ranked Universities in the world. Congratulations to our Class of 2022 who continue to achieve world-class recognition.

This year we have a 100% acceptance rate for MES Cairo students applying to a staggering 22 out of the 44 universities they applied to in the UK for the first year of an undergraduate degree.



The highest acceptance rates were for the following undergraduate courses - Aerospace Engineering, Architecture, Biomedical Engineering, Civil Engineering, Computer Science, Electronic Engineering, Events Management, Law, Mechanical Engineering and Psychology.

We are incredibly proud of our students who have gained places at eight of the top ten Universities in the UK and all bar one of the very prestigious Russell Group Universities this year.

Whilst many other schools can celebrate their students' gaining places on foundation courses, we would like to celebrate MES Cairo students who have been offered places for the first year of an undergraduate degree. This is outstanding and a direct result of the excellent preparatory work they accomplish in their Plan for Grad, the main strand in the HRCF Programme.

Mr N DeSouza - Assistant Head of KS5, British Section

Why is the UK such a popular destination for University?

- 1. British Higher Education providers are recognised internationally for their creative and challenging environments, that help push students to be their best. Their standards are highly regarded, with experts on many academic topics, and they're generally high in internationally university rankings, four of the global top ten are in the UK?
- 2. International students are welcomed and those who decide to study in the UK will be rubbing shoulders with some of the brightest minds from all corners of the globe.
- 3. There is a wide variety of courses available for international students to choose from, whatever your ability or interest.
- 4. UK universities are inspected regularly by the Quality Assurance Agency for Higher Education to ensure that they maintain the high standards of learning which are expected.
- 5. Most undergraduate courses in the UK take three years to complete, and shorter courses means a quicker graduation and less money spent on things such as tuition and living expenses. Two-year degrees are an increasingly popular option.
- 6. Students get the chance to mix, meet and interact with over 200,000 international students from all over the world, learning more about different walks of life in a place of contrasts and culture.
- 7. The UK is full of historical landmarks, famous music festivals, widely varied cuisine and amazing events to keep you entertained throughout the duration of your studies.
- 8. International students who study a full-time undergraduate degree course at a recognised university are allowed to work part-time during term for up to 20 hours a week and full-time during the holidays.
- 9. Employers want high quality graduates who have specific skill sets, including effective, critical, and creative thinking skills. UK education is recognised by employers, universities and governments worldwide. Academic standards are of high prestige and offer a high rate of employability.
- 10. The English language is of crucial importance in today's global business arena. Employers want people with a grasp of English and there is no better way for you to learn advanced English than to learn it in the country of its origin, enhancing your employment prospects.

USA and Canadian Universities

Congratulations to the Class of 2022 on maintaining a 100% university acceptance rate which includes some prestigious universities in North America including Ottawa University, University of Illinois, University of Toronto, Columbia University, The George Washington University, The University of California and Brown University, Rhode Island. The chosen majors of our graduates include Astronomy, Physics, Finance, Behavioural Decision Sciences, Economics, Business, Business Management and Computer Science.

We are incredibly proud of all their accomplishments and look forward to seeing all that they accomplish.

Dr J Cates - Dean of Students, Grades 11-12















European Universities

Europe is an increasingly popular destination for MES Cairo students wanting to take advantage of the great courses on offer across the continent. Many European universities offer courses in English and they are competitively priced compared to other parts of the globe, whilst giving students the opportunity to live in some of the great cultural, industrial and financial capitals of the world.







Many of our students have accepted offers to study at universities across the Netherlands, including Amsterdam and Twente to study Engineering, Politics and Business courses. We have offers being considered from ESADE and IE, two of the top Spanish Business Universities. Our students have also received offers from Switzerland, Hungary and Italy to study Economics and Medicine.

Whether graduating from the American, British or International Baccalaureate sections, European universities provide a world-class and often more affordable alternative to the more popular destinations.

We look forward to seeing the Class of 2022 thrive and flourish on the pathway to their future careers.

Mr B Rainford - Assistant Head/IB Coordinator



On 15th May 2022, the American Section Seniors gathered to celebrate the end of their year with lunch at Ted's.

Lara Gamaleldin (Scholarship Winner) and Ahmed Abdelkader (Student Leader) shared highlights from the year and recognised the Senior Superlatives voted on by the class members.

Best Smile - Mostafa Abed (G12B)

Most Friendly - Omar El Nashar (G12Y)

Most Positive - Salma Fahmy (G12R)

Funniest - Ismail El Bakry (G12R)

Most Involved - Lara Gamaleldin (G12B)

Most Spirited - Abdullah Khalil (G12B)

Most Likely to Brighten Your Day - Ali Shebli (G12Y)

Most Accident Prone - Seif El Dakroury (G12R)

Best Entertainer - Hamza Khalil (G12B)

A great way to end the year...eating, taking photos and sharing memories!

Dr J Cates - Dean of Students, Grades 11 and 12, American Section





IB Diploma Programme News

IBDP VISUAL ART EXHIBITION

IBDP Visual Art students have done exceptionally well to incorporate their art-making skills, knowledge of the art world and curatorial practice into a fantastic Exhibition. The event was visited by invited guests which included the students' families, all MES Cairo teachers, Primary students, Art students and of course the friends of the students that are on the IB Diploma course.

The IB Visual Arts course is challenging but highly rewarding. As well as the Exhibition students have to submit a Comparative Study and a Process Portfolio. I believe the students have done incredibly well to develop their practice to such a high standard over the past 18 months.

The students focused on the following areas:

Malak Atef (DP12R) – Music

Malak chose to explore her ideas creatively through the theme of music. She focused on how music can evoke a certain mood or be used as comfort, particularly in times of isolation. Malak has great technical ability and chooses to explore her ideas through drawing, painting and sculpture.









Arwa Eid (DP12R) - Pressures on women from society

In her exhibition, Arwa demonstrates that she feels strongly about the roles and expectations placed on women brought by







members of their family and community. Her works explore the roles of a mother, and the expectation to appear beautiful and to be successful in terms of education and a career. In her art practice Arwa has demonstrated that she has an accomplished and excellent skill level, especially in the area of painting.









Amina Mazen (DP12R) – Isolation

Well done Amina for creating a lively and varied exhibition. Amina chose to explore the theme of isolation. She curated her exhibition in a way that took the viewer on a journey that explored feelings



of isolation and its impact on an individual's wellbeing with a particular focus on her peer age group. Amina communicated her ideas effectively through a variety of symbols and visual art media such as installation, printmaking and digital manipulation.







Seif Hendam (DP12Y) - Consumerism

Seif chose to explore Consumerism and Capitalism in both local and global context. Within his theme he further explores the concepts of status, power and materialism. Seif has communicated with the audience effectively through symbolism in the forms of photomontage, installation and painting.







Thank you to Mr Clement, Mr Tamer and their teams for maintenance support. Thank you to Ms Lamia and the Art Department without their consistent support the Exhibition would not be possible. Thank you to Mrs Dajani, Ms Ghada and Mrs Singleton for attending and opening the exhibition. Thank you to Mr Rainford and Ms Sheehan for supporting myself and the IB students. Thank you to the students, friends and peers in DP11 and 12 who attended the Exhibition.

Miss R Seabrook - IBDP and British Section Art Teacher











We wish our DP12 the best of luck in their future endeavours.

Mr B Rainford - Assistant Head/IBDP Coordinator

CREATIVY, ACTIVITY, SERVICE (CAS) CORNER

As we approach the end of the school year, many of us get a sense of excitement, whether this is for fantastic summer plans, the promise of a well-deserved rest or perhaps moving to a different country or starting University.

One of the most significant attributes of CAS is that it teaches our students how to be reflective in life as individuals. Being a reflective person is an incredibly important attribute as it helps us to learn from our experiences, it allows us to take stock and show gratitude for our blessings as well as stay in control of our thought processes.

Here's what our DP12s have to say about their journeys:

What did you enjoy most about CAS?

The most entertaining thing about CAS was the push to try new things and a variety of new activities. It allowed me to discover my interests further and share them with others, but one of the most important things I will take away from this goes back to service, seeing the smiles and hearing the laughs of people upon receiving help will always be something I remember. Roaa Bayoumi (DP12R)

What was your greatest challenge in CAS? How did you overcome this?

My greatest challenge in CAS was to stay consistent with my reflections and to try out new experiences that I have never done before. I overcame this by planning my week in order to have time to write my reflections and by not being afraid to fail and try again in the new activities that I did. **Arwa Eid (DP12R)**

What have you learned about balancing your time with your choices and commitments?

I improved a lot in that aspect of my life during the past two years in the sense that I am much faster in creating effective schedules and sticking to them. Although commitments are the priority, I learned that choices and things I do because I choose to are sometimes as important because they allow the person to commit with much more enthusiasm to everything including their commitments. **Mohamed Fouda (DP12Y)**





In what way has the process of reflection and collecting evidence of your CAS experiences helped you develop the attributes of the IB learner profile? What would you do differently?

It has made me principled, reflective and a better communicator. I had to develop discipline to keep constant record/evidence of experiences, reflect on each of them and how they worked towards one or more of the outcomes. In the process of this I developed my concision and articulation by trying to make reflections short but also considering everything they need to.

Saleem El Hady (DP12R)

Mr G Scott - CAS Coordinator

TOK Exhibition

What do a microscope, Koshari, and a pair of Nike shorts have in common?

The above question provides a snapshot of MES Cairo's first live Theory of Knowledge (TOK) Exhibition.

The exhibition, which is part of the new TOK course gives students the opportunity to use real life physical objects, to answer knowledge questions such as...

What is the relationship between knowledge and culture?

What is the relationship between personal experience and knowledge?

What challenges are raised by the communication of knowledge?

The subject 'Theory of Knowledge' is one that our students thoroughly enjoy.

Instead of *delivering* knowledge, Theory of Knowledge leads students to build their understanding of the 'thing' we call knowledge, by exploring the scope, perspectives, tools and ethics encompassed by different fields of knowledge.

Thus, for the first time ever, DP11 welcomed students and staff into the Multi-Purpose Hall to gaze over seemingly random collections of objects. From hot koshari (a big crowd-puller!) to football boots and Mathematics textbooks (less effective crowd-pullers...), and even a relic from a childhood celebrity encounter, the Exhibits chosen by our DP11s showed originality and ingenuity.



With other exhibits including social media posts, childhood holiday snaps, and plant matter, this year's DP11 have certainly blazed a trail, and we look forward to seeing what wonderful phenomena next year's DP cohort will bring to the table!

Ms E Dowler - Theory of Knowledge (TOK)







Celebrating Secondary Achievement

IB Learner Profile Awards in Term Two

Inspired by the International Baccalaureate mission to develop active, compassionate and lifelong learners, the IB programmes foster a distinctive set of attributes. These qualities are embodied in the IB Learner Profile, a set of ten attributes that prepare IB students to make exceptional contributions while here at school and also throughout their lives. The IB Learner Profile attributes serve to complement our MES Cairo Graduate Profile, encouraging our students to make exceptional contributions while on the MES Cairo campus and at home.

As there are ten Learner Profile qualities, the IB Section focuses on one attribute during each month of the school year. The students are aware of which attribute is promoted each month and MES Cairo's IB teachers encourage and support students in their expression of the attributes. Teachers are then asked to nominate students from both DP11 and DP12 for the award at the end of each month. Last term, we focused on two attributes: 'Reflective' and 'Risk-Taking'.

Reflective

In March we celebrated the attribute of Reflective. Reflective individuals believe that careful consideration of situations can help guide them to successful outcomes. In the school context, we develop this skill through the lens of each student's learning journey as we teach them to plan carefully, consider outcomes, review their learning experiences and articulate how they progressed. Students who demonstrated a high aptitude for Reflection in March were; Omar Hassan (DP11R), Reem El Sabagh (DP11R), Nadine El Fiky (DP11R) Amina Mazen (DP12R), Farida Fouda (DP12Y), Saleem El Hady (DP12R).



April's award focused on Risk-Taking, which here in the school context is demonstrated through an openness to try new ideas as an effective learning method. This does not mean taking careless risks but carefully considered risks that also involve working independently and cooperatively, to explore those new ideas with determination and resilience. The winners for April were Catherine Girguis (DP12R), Malak Atef (DP12R), Omar Hassan (DP11R).

Congratulations to all of our IBDP students who work hard on these attributes throughout the IB journey, as they prepare for successful experiences at university and beyond.

Ms S Sheehan - Deputy Head









British Section All Stars

As we come to the end of the academic year, our All Star Awards focus on our Year 7-9 students.

Our focus over the past few months has been to awarding students an All Star Award for being role models around the school and on embodying one or more of the Elements of Dependability, Respect, Integrity, Readiness and Respect.

Having a role model is important for students, role models inspire others around them to become an author, a leader of a country, a sportsperson, or a historical figure. However, closer to home in our school community we have students who are positive role models to their peers. Students who influence others to be empathetic, kind, resilient, take considered risks and make good decisions.

We are fortunate to have students who display the character traits of the Graduate profile and know that they are on the pathway to success.

Congratulations to all the students who have achieved All Star status in March and April.

March All Stars





Key Stage 3

Amin Abou Laban (Y7Y) and Zein Eissa (Y8Y) for showcasing the Element of Effort in Science and for being positive role models in English classes. Khadeeja Abdulghany (Y7B), Ismail Abdelaal (Y7G), Zeyna Abdel Majid and Zain Shalaan (Y7B). Karma Morsy (Y7B) and Mariam Aboelsaad (Y8R) have also shown a positive and caring attitude both in and out of the classroom. Our students have also shown dedication and focus in the athletic arena, a shout out to Hassan Motawea (Y8Y) who is a sporting superstar in the making.

Key Stage 4 and 5

Students in Key Stage 4 and 5 students also gained All Star recognition by displaying the traits of the Graduate profile. In particular, being confident, independent, resourceful, showing respect for self and others and making a difference in our school community.

Congratulations to Dana El Sharkawy (Y10G), Habiba Tag-El-Din (Y10B), Ibrahim Hamid (Y12G), Jasmine Othman (Y9R), Maamoun Ahmed (Y10Y), Malak Abdelwahab (Y11R), Malika Naser (Y10B) and Omar Abdulaziz (Y10Y).

Students were presented with certificates and an All Star Pin and were rewarded with a celebratory pizza party during their break.



April All Stars

Our April All Star students, Mahynour Badawi (Y7B), Aly Abdelaziz (Y7R), Jannah El Bialy (Y8R) and Hassan Mazloum (Y8Y) have made a lasting impression on their peers, on our teaching staff and the administration teams. They were nominated for displaying the Element of Respect in all their actions in and out of the classroom. A pizza party will be held at the end of the year for our May and June All Star students.

Congratulations to all our Super All Stars!

Mrs L Talbot - Secondary Headteacher, British Section



What does it mean to be the Student of the Month?

I am sure most of us have fond memories of when we were in school and were selected as the 'Star Student', 'Spotlight Student, or 'Student of the Week'. It bolstered your confidence, and you were celebrated for something that was specifically unique to who you are as a person. You were honoured for a variety of reasons and each child was selected for something that was uniquely them. It is in this vein we also celebrate our Students of the Month. We celebrate our students and your children for being risk-takers, exemplifying creativity, showing empathy and compassion for one another and many others. We honour students for not only developing their mind, but also shaping the demonstration of their character. In short, our philosophy is that all people, no matter the age, can achieve in many ways!

So, how does one become a 'Student of the Month'?

Each month, teachers and the Deans of Students select students who demonstrate academic pride, empathy, a positive work ethic, consistency in effort and attainment, as well as having a positive and supportive attitude toward the greater learning community. It is not only an honour to be a 'Student of the Month', but also to be nominated.

Since our last published article, the following students are our 'Students of the Month' for March and May:

March



Kenzie Mourey (G7B), Mohamed El-Deen (G8B), Maren Breitinger (G9O), Abdulah Ahmed (G10R), Ahmed Khalil (G11Y) and Karim Ebeid (G12R).

May









Khadiga Mohamed (G7B), Joyce Merhom (G8R), Amina Aly (G9G), Hassan El-Nemr (G10Y) and Mariam Awad (G11R).

Honor Roll and Principal Scholars

All students at Modern English School Cairo in the American Section have the opportunity to achieve Honor Roll or Principal Scholar status based upon their Term One or cumulative grades. Students who achieve either status will receive a certificate of achievement and this letter recognising their achievement. There are two different levels that a student can achieve in the Honor Roll - *All As and Bs across all subjects enrolled in = MES Honor Roll and *All As across all subjects enrolled in = MES Principal Scholar.

We are thankful for our curious learners who seek out new and different ways of thinking and being. We truly appreciate their steadfast effort and the choice to sacrifice in other areas of their life in order to prioritise scholarship.

Join me in congratulating our students on a job well done. On behalf of the teachers and the entire American Leadership team, we wish you continued success as we finish this academic year.

"Success if not final; failure is not fatal; it is the courage to continue that counts." Winston Churchill

Ms D Pfeil - Principal, American Section

Principal Scholars for Term Two:

Grade 7: Hamza Abdel Wahab (G7Y), Hassan Medhat (G7Y), Laila El Saady (G7R), Rana Selim (G7R) and Shahd Abdallah (G7Y).

Grade 8: Amina Neamatallah (G8R), Farida Waly (G8R), Habiba Assassa (G8G), Jana Rabie (G8R), Kanzy Eid (G8G), Lara El Nashar (G8R), Malak Hakky (G8G), Maya Emad (G8G), Omar Bahgat (G8G) and Zeina Abdullatif (G8G)

Grade 9: Adam Mansour (G9R), Jasmine Ibrahim (G9Y), Laila El Moallem (G9Y), Maleeka Ramadan (G9Y), Maya El Zuhairy (G9G), Nadine El-Rashidy (G9G), Tia Sheta (G9Y) and Tia Zarifa (G9O).

Grade 10: Abdullah Ahmed (G10R), Alia Saba (G10B), Aly Gaber (G10Y), Gamila Hamouda (G10Y), Giada Canelli (G10R), Hana Mahmoud (G10B), Kenzi El-Sayed (G10R), Khadeeja Tahoun (G10B), Luna Arafeh (G10Y), Malak Ammar (G10R), Marcel Hebeish (G10R), Mariam Sallam (G10B), Noor Amin (G10R), Tasneem Mohamed (G10G), Youssef Sallam (G10Y) and Zeina Fouda (G10B).

Grade 11: Ahmed El Torky (G11B), Haidi Ali (G11G), Jana Shahin (G11R), Mariam Awad (G11R), Mark Hakim (G11Y), Michael Hakim (G11Y), Miray Wahib (G11Y), Omar Kansoh (G11Y), Tarek Abdel Ghaffar (G11Y) and Yassin Ibrahim (G11Y).

Grade 12: Adam Kirollos (G12R), Ahmed Abdelkader (G12B), Habiba EL Sharkawy (G12R), Hashem El Meligui (G12R), Adham Abdel-Majeed (G12R), Nour El Ghamry (G12B), Renada Badawey (G12B), Rodayna El-Naggar (G12B) and Salma Aly (G12R).

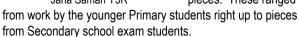
Year/Grade 9 Art Trip to the Gulf English School Cairo Art Exhibition



On 23rd May 2022, our Year/Grade 9 Art students received an invitation to visit the annual student Art Exhibition at the Gulf English School Cairo.

Following a warm welcome where students were delighted to be offered treats, we were guided through the exhibition. After this initial introduction, students were able to take photographs and take

a closer look at the twodimensional paintings and drawings and the threedimensional sculptural pieces. These ranged



A highlight of the work on display was from the winners of the Art competition. These students had the opportunity to have a rug made of their designs by the Oriental Weavers Company.

The experience was really enjoyed by all and our students returned to school feeling inspired by the wide range of wonderful work on display.

Ms L Lee - Art Teacher

Here are some comments from our students:

"The exhibition was amazing. The artwork was so good, especially the three-dimensional pieces. They were very creative and colourful". Hana El-Helepi (Y9Y)

"The Art trip to GES Cairo was a lot of fun and very interesting. I saw many paintings and artworks from different perspectives. I really enjoyed observing the artworks up close. It was very creative and different. The art students at GES Cairo are very talented." Ayssel Dwidar (Y9B)

"My favourite piece was by Youseff Aboelezz because it was so creative." **Taline Sabbour (Y9B)**

"I liked the carpet designs best as well as the Greek drawing of Medusa." **Neamatalla Hendam (Y9Y)**

"What I liked most about the students' artwork was their use of shading. The use of light in one piece contributed well to the composition and enhanced the overall perspective of the piece." Abdulrahman Ibrahim (Y9Y)



Ahmed Aboshady Y5R



Ahmed Mohamed Y5Y



Youssef Aboelezz Y6Y



Khaled Beged Y6R



Laila Ahmed El Sawal Y10R



Zeina Sherif Y5R





ARTBEA

BRITISH SECTION

Year 7 students have developed their observational drawing skills to an excellent standard. They have focused on creating tonal variation to get a highquality drawing. This has given them a good skills base to further develop in Year 8.

Ms R Seabrook - IBDP/British Section Art Teacher







Talia Shalaby Y7R Malak Sultan Y7R





Yasssin Satea



Nicole Elmasry Y7R



Aly Amin Y7R



Gamila Elsayed Y7R



Khadeeja Zaghloul Y7R



Bana Ali Y7R

In Term Three, the focus in Year 7 Art was to introduce students to the formal elements of line, tone, colour, pattern and texture. Students have already investigated the use of typeface and designed their own style of calligraphy. They are now completing a self-portrait where they have studied the scale and proportions of the face.













Mahynour Badawi Y7B























Lily Kabee Y7G

Omar Farag Y7G

ARTBEAT







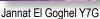
Tia Ibrahim Y7G



Abdullah Abdelhady Y7G









Adam Elaryan Y7B



Zain Shaalan Y7B









Omar Saleh Y7B



Tia Ibrahim Y7G



Ismail Abdelaal Y7G



Zeinab Yasser Azzam Y7G



Ahmed El Din Shebeika Y7G

Year 8 Art

During Term Three, Year 8
Art students have studied
the Surrealist movement.
The theme is conflict and
resolution and students have
investigated the connections



Aley Abdelhamid Y8R



Layla Sabry Y8R



Mariam Aboelsaad Y8R

between dreams and reality. They created designs for surrealist creatures, learned about the rules of one point perspective and are now completing a final piece, a surrealist room.



Tia Madkour Y8R



Mohamed Tawfik Y8R



Salma El-Hennawy Y8R



Talia Behairy Y8R

RTBEA



Celia Abdelwahed Y9Y

Throughout the IGCSE course, Year 9 students have developed their observational drawing and experimenting with materials. They have recently explored their ideas through the process of Lino Printmaking to make great prints based on Natural forms or another image of their choice.

The Year 9 IGCSE beginning a project on portraits. Some

students are also students have already produced

some great tonal portraits of themselves.

Ms R Seabrook - IBDP/British Section **Art Teacher**



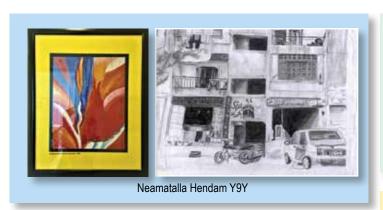






Wafaa Laban Y9Y

In Year 9, students have completed a range of different projects including the following themes - Still Life, Landscape and Portraiture. They will shortly begin preparing to embark on Component One of their IGCSE coursework portfolio.













Year 10 students have now completed their IGCSE coursework, and the portfolios have been dispatched to the exam board for grading. Despite the challenges students have faced during the last two years, once again a high standard of exciting artwork has been achieved.



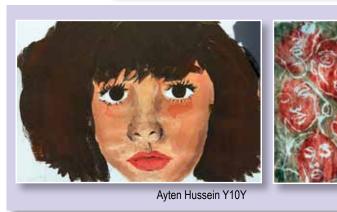




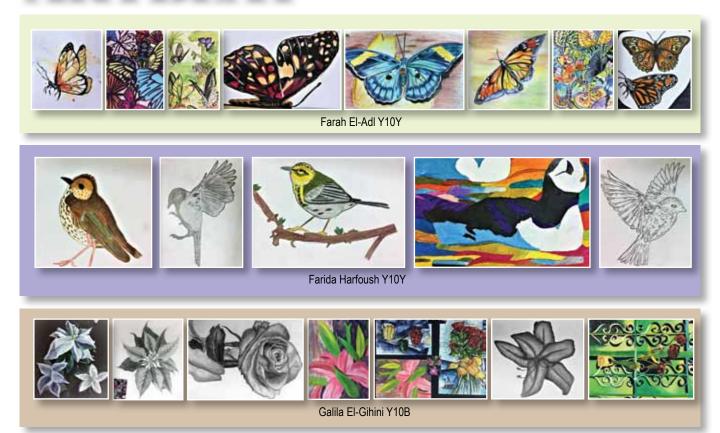








ARTBEAT



Year 11

This portfolio contains beautiful studies on the theme of Nature and the Natural Environment. A wide range of different media has been explored including watercolour, acrylic, oil and soft pastels, graphite, charcoal, pen and ink and block printing.



ARTBEAT American Section

Grade 7 Drawing

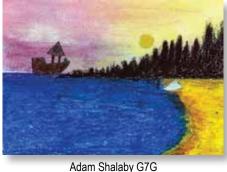
Students were asked to do a daily drawing based on words. Students then had to expand on the ideas from one of their drawings to complete a more detailed artwork.





Salma Ibrahim G7G

Hayat Sahmoud G7G





Leilah Seada G7G

Hala Soliman G7G

Grade 8 Portraits

Students worked on a portrait study that explained the proportions of the face. They were then asked to create two self-portraits; one that demonstrated an understanding of the proportions, and the other a self-portrait that communicated an emotion.







Miriam Faragalla G80



Habiba Moftah G8O



Nour Mettawa G8O



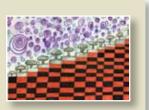
Lily Elsayed G8O

Grades 9 and 11

I asked my students to select a work that they would like to see in the MESsenger and explain why. Here is a selection.

"I chose this piece because as chaotic as it may look, it took a very long time and precision and the result was exactly what I wanted."

Sarah Eshak G11B



"I chose this drawing because I am preparing for a final project where I will be featuring an Arabian horse." Haya El Barhamtoushy G9Y



ARTBEAT

"I chose this piece because I liked how it represents the freedom of nature and the different colours on a simple autumn day." Malak Abou Laban G9G



"I selected this work because it was my first time working with watercolours and pen. I like the contrast and the line quality."

Laila El Sherif
G9R



"This was my first time working with mixed media and I liked how this piece is full of vibrant colours and allowed me to be free."

Maya El Zohairy
G90



"I like and love my painting because most of my life has been based around the Avengers. They seem to me like heroes, and they have powers and honour." Ali El Sayed G9Y



"I like this drawing because it has lots of different colours and shapes and I drew it by looking at a real flower." Ingy Ibrahim G9G



Ms T Cuff - Art Teacher

Grade 11 Watereolours







Rand Gailani G11R



Zeina Mostafa G11B

Students created these works as a representative response to the first two pages of the novella, "Heart of Darkness." In this passage, the author sets the tone of the novel describing the meeting of a group of men on the deck of a ship at sunset. The.

This piece is a watercolour painting in response to an eloquent descriptive passage that makes up the first two pages of the novella, "Heart of Darkness." The work captures the gravity of the looming clouds, while also capturing the beauty of the sunset described. The author describes a flawless sunset against the threat of heavy clouds lingering opposite, foreshadowing events both physical and psychological that transpire later in the story



Taya Galab G11B

ARTBEAT



Students bound for AP Art next year will be asked to work on a theme of their own design and will need the skills and courage to build into their work a greater degree of depth. Experimenting with representing ship and sail, sea and sky, and hardest of all head and heart, is an open invitation for my students to do just that.

Hassan Serry G11Y

Grade 11 Ceramics

In our Ceramics unit, Rand showed that the careful attention to detail that she has for her painting and drawing translated to the medium of ceramics. The level of detail on this small piece is best seen in person. This work is titled, "Steve".

Mr B Austin - Art Teacher



Rand Gailani G11R

Grade 111 Photography

Two Photographers, Ten Photographs

In this exercise, Photography students chose a photographer whose work they were curious to explore and emulate. Once the photographer was selected, students chose ten works from their selected photographer. Each of the ten works selected had to reflect an Element of Art: Line, Shape, Space, Value, Texture, Form, Colour, Pattern, Repetition and Light/Shadow. With these ten professional images, students then emulated the work of the professional to create a similar, but different example. Ultimately, students created a twelve-slide presentation that included an opening slide, their ten works placed next to their chosen photographer's work and ending with a concluding, "Thank you" slide. Some of the photographers that students selected are historically significant, such as Brassai and James Van Der Zee, while other photographers, such as Sarah Monim and Mohamed Abdel-Hady, are contemporary photographers exhibiting their work on Instagram.

Ms C Comerford - Visual and Digital Arts Teacher



















BDP11 ART

Lino Printmaking - DP11 students have immersed themselves in the Printmaking Process. They have extended their ideas from current interests for example observational studies or responding to a culture that they are interested in and explore Lino Printmaking techniques to an excellent standard. I am really looking forward to seeing the work that DP11 is going to display in their final exhibition next year.

Ms R Seabrook - IBDP/British Section Art Teacher







Music Year 7

In Year 7 Music classes learned about composing and devised a Graphic Score to represent original music. They also used software to compose music for a video game and learned about the structure and techniques used in that genre. Students rehearsed and performed Beethoven's *Ode to Joy* and recorded as part of a whole class ensemble. Students also enjoyed singing and learning a song with a partner. Following a number of weeks rehearsing, the songs were performed and recorded.





Year 8

In Year 8, students studied the origins and features of Jazz. They learned how to improvise using a Blues scale and also performed a Jazz piece of music as part of a whole class ensemble. Students composed music for a silent movie and used software to create the music. Students learned about the features of film music composing and were able to put these into practice. More recently, students have combined drama and music skills to devise an end of year performance. Students have been given the theme of sport and have created musical interludes to accompany a short drama performance.

Mr G Thomas - HOD Expressive Arts, British Section

Secondary House News



As any normal day, students ventured onto the yard for break on Wednesday 18th May and Wednesday 1st June focused only on friends, food and football (for some). However, an air of curiosity took over. What was going on in the yard? Why were so many students already huddled around a table? Why were there four lines of students? What were the students doing? Without realising it, the call of curiosity guided them to this new area of intrigue and before they knew it, they too were joining the chants of encouragement and support directed towards fellow House members, hoping the energy would push their House Team to victory. They too wanted a chance in the spotlight, to represent and shine!

The first event to take place was Cornhole. A simple game of throwing a bean bag onto a raised platform and wishing it to go inside a hole placed in the platform. Altogether, fourteen rounds of Cornhole were played, with each round consisting of ten throws of a beanbag. Teams would score 1 point if the bean bag landed on the platform and

3 points if the bean bag fell through the hole. Amun students proved triumphant, and 100 points were added to their House totals. Kheper came in second, followed closely by Edjo and finally, Selket.

The second event was fast, frantic and fun, stacking cups into a pyramid and then unstacking them. In each round four brave students challenged each other to see who had the fastest hands. Kheper proved the conquerors of this game winning twelve of the thirty rounds and thus adding 100 points to their House totals. They were followed by Amun, Selket and then Edjo. Although Edjo won more rounds than Selket, overall positions in each round were also taken into consideration for the final score. It is worth remembering that consistency and never giving up are the key to winning House games!

Both events pushed away the last remnants of darkness and now the House System at MES Cairo is finally bright and fully visible once again. Let's carry the momentum forward! Let's get excited for the fabulous events that will take place in the next academic year! Let's get involved through participation and support! Let's make the Houses at MES Cairo shine brighter than ever before!

Thank you for all of your efforts in all the House events this year. We wish you a happy, relaxing and enjoyable holiday!











SPORTS DESK

SECONDARY SPORTS DAYS









For the first time in two years, MES Cairo has been able to host our beloved Sports Days. The American and British Section students from Grade/Year 7 and 8 came together to compete, strive and celebrate the many aspects that athletics and sporting competitions have to offer.







The Sports Days, which were divided into track and field and team sports sections, took place on 30th May for Grade/Year 7 and 2nd June for Grade/Year 8 students. All our students were able to choose a track event as well as a field event to participate in during the morning session.

After track and field, football and basketball reigned supreme as our girls' and boys' teams played in a tournament setting based on our House system. It was great to see the MES Cairo students enjoy the opportunity once again to be physically active during an event everyone has grown to love over the years.

There were several outstanding team and individual efforts throughout the two days and a great atmosphere was enjoyed by everyone involved in the events.



























We sincerely hope that this year's MES Cairo Sports Days are the first step in the process of returning to our full range of after school sporting opportunities as well as fully inclusive MES Cairo Sports Days soon.

Mr E Newton - Athletics Director





SPORTS DESK



This year we have seen our Primary PE students at MES Cairo enjoy coming back to face-to-face learning. Students and staff have shown great resilience and put in a huge effort for a very positive comeback with the highlights of a very successful Sports Day, a superb result in the BSO inspection with a fantastic mention to the PE Department, and a very positive integration of our House System within our PE lessons.

It has been an immense pleasure to see the students back in play, enjoying movement and leading a more active and healthier lifestyle after the pandemic. This will stay as an important goal for the PE Department looking forward to next year.

Our Foundation Stage students have been showing great initiative in the last few weeks. Students are exploring a variety of equipment and enjoying different play opportunities, making the best of their lessons by selecting their own activities from different stations set up within lessons. Students are surprising us every day with their creativity and enthusiasm, all while developing their motor skills, independent play and some essential social skills through sharing equipment and cooperating with their peers.











After a very positive and fun 'striking and fielding' unit during Term 2b where our students developed their batting, throwing and catching skills, KS1 students are now beginning to play net games where they will apply some key skills in a different context. Students have had different learning and play opportunities including an introduction to adapted volleyball and racquet games, such as short tennis. We are very pleased to see our students improving their relationships with each other by effectively organising themselves into small groups and activities.

In the last few weeks, our KS2 students also completed the 'striking and fielding' unit, including the game of rounders, with some great progress in understanding of the vast number of rules and regulations involved in this game. Students also completed some Cricket lessons where they further developed their batting skills, in addition to fielding, throwing and catching. This last term students have also begun to play Volleyball and have developed the essential skills and understanding in order to play a full version of this game. This is a sport that we look forward to further developing with students in the years to come.

It has been a great year for PE. We look forward to further building on the work we have done this year and cannot wait for the reintroduction of the Cougars Sport Programme.







The Primary PE team wishes you a very positive end of the school year and a restful, healthy and well-deserved summer break.

Mr J Vaughan - Head of Primary PE









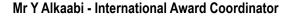
The Duke of Edinburgh International Award at Modern English School Cairo continued into Term Three of the academic year.

During this term, students were busy recording their achievements on the Online Record Book. They are now close to finishing the award and have done an exceptional job managing their time. Participating in the IA Programme requires commitment, organisation and determination. Students have demonstrated resilience and perseverance to complete the award.

Term Three Objectives

The main objective for Term Three was to support and encourage students to complete their Online Record Book by adding their Physical Recreation, Skills, Voluntary Service and Adventurous Journey while the coordinator and the teacher team worked with them to authorise their activities. In addition, students on virtual exploration were given information and a list to help track their progress.

As the International Award Coordinator, I have really enjoyed working with the participants because we took the ASA outside the classroom where students managed to develop their physical skills. They enjoyed the teamwork skills and got to know each other even more by preparing a meal together.





STUDENT COMMENTS:

The International Award has been a great learning experience for me. I learned new skills that I can apply to many different situations. For example, we learned how to cook pasta with a trangia. We also worked on our physical fitness through the expeditions in the Wadi. Overall, the award has been a very beneficial and enjoyable experience. **Michael Hakim (G11Y)**

The International Awards Programme was genuinely one of the best parts of this year. I developed several skills as an individual, and as a team member, while getting to know people in the school community. More importantly, I got to spend time with people who pushed me out of my comfort zone and experienced many things for the first time. **Ali Lasheen (G11Y)**

The International Award fosters our interest in different activities and encourages us to try new things we might not have pursued alone. In the ASA, I enjoyed discussing my hobbies and interests with the other members of the International Award and the teachers accompanying us. Many of my friends have shared extremely interesting activities they have done and experiences they have had because of the International Award. Meeting up and spending time with other International Award members pushes me to keep pursuing my hobbies outside of academics, continue thinking on how to benefit my community and take risks and have an open mind to new experiences. Mariam Awad (G11R)

International Award has been a very rewarding programme as I have learned many skills. These skills are very helpful in the sense that they are very applicable and convenient. For example, I learned how to set up a camping tent and I learned how to modify it in certain environmental conditions. I also learned about risk assessments and how to do them. These assessments are very helpful as I can apply them to all aspects of life. Overall, the International Award has been such an enjoyable and beneficial programme.

Mark Hakim (G11Y)

In the International Award Afterschool Programme, we have the opportunity to complete different activities such as playing basketball, walking the track, and filling in our logs. So far, it has been an excellent experience and I have learnt a lot. **Nour Kamel (G10Y)**

Primary ASAs

We have been excited to reintroduce ASAs into Term Three for the first time in several years.

There were new ASAs available to students from Year 2 to Year 6, including the opportunity to become a children's author in 'Creating Children's Books' or the chance to voice your opinion on how the Primary school is run with 'Student Voice'. As always, the usual broad range of ASAs available to all were a testament to the participation of the teachers, with options ranging from a mix of indoor and outdoor sports, engaging in the Arts and Music, learning to cook delicious meals from





scratch, Coding, increased socialisation with Friendship Club or taking time to focus on your own wellbeing in Yoga class.





Student participation was once again brilliant with over 300 students participating in Term Three ASAs. Towards the end of this term, our KS2 Choir ASA even performed in our Spring Concert.

None of this would be possible however, without the hard work, dedication and efforts of Ms Kathi who has been the Primary ASA Coordinator for the past five years. Ms Kathi has overseen the transition of ASA sign ups from paper to online, dealt with ASA issues during COVID and worked hard to ensure that every single student in the Primary school at MES Cairo has an opportunity to attend the ASAs they want.

As her successor, I would like to thank her for all she has accomplished, and I look forward to coordinating Primary ASAs in the next academic year.

Mr D Saberton, Primary ASA Coordinator (from September 2022)

Secondary ASA Programme



The After School Activity (ASA) Programme continued into Term Three this year. With over thirty interesting, thought-provoking, and challenging activities to choose from, many students took advantage of the ASAs providing new opportunities to learn and develop as young adults.

Lego Robotics, as a new ASA, proved to be very successful with a large number of students signing up. The sports ASAs including Netball, Basketball, Football and Fitness all maintained their popularity and demonstrated the enjoyment that our students gain from participating in physical activity. Gifted and Talented, International Awards, Global Perspectives and Escape

Room continued to provide interesting and challenging aspects, encouraging problemsolving and teamwork.

Thank you for all of the support from teachers and the students that have committed their time to the ASA Programme this academic year. We look forward to your participation in ASAs next year and hope to continue to offer a broad range of activities to enable all students and abilities to participate.

Mr J Keast - Secondary ASA Coordinator





PRIMARY PIONEER MINI OLYMPICS!

To celebrate the final term of the year and the completion of all the five badges, the Pioneer Programme has finished in style by having our very own Pioneer Mini Olympics!

Students from Year 5 and Year 6 were organised into eight different teams and asked to bring to school food, flags and clothes that represented the country they were playing for. In addition to this, each team would be competing in various Olympic events to try and win points. The country which had the most points at the end of the three weeks would be crowned Olympic Champions.

It was fantastic to have the opportunity to mix the Year 5 and 6 students together for this event. This is something that we have all sorely missed over the past couple of years.

As the events were happening, there was an electric spirit amongst all of the Pioneers with many showing some incredible sportsmanship, leadership and team spirit.

Unfortunately, there did have to be a winner, despite the admirable efforts of all of the Pioneers.

Well done to Spain for being the Pioneer Mini Olympic Champions!

Mr T McDermott - Primary Pioneer Coordinator







The Secondary Pioneers have been very busy this year taking part in school events and developing skills by attending educational visits. In September, the Pioneers attended the Great Pyramids of Giza to learn about the history as they navigated their way around the site. These skills were further developed during the Wadi Degla hike. Students used compass bearings to find their way and also learned about the ecology of the valley.

As always, the Pioneers played a prominent role in this year's 24-Hour Run fundraising event. Students created videos about the 5 Ways to Wellbeing, which were viewed in Homerooms and also led warm up routines for younger students before the run.



In March, the Pioneers visited Tunis Village, famous for its Ceramics and Pottery. This was a hugely enjoyable day where students learned about the origins of pottery making in

Tunis, as well as having hands on experience of making different objects from clay.

Recently, the Pioneers took part in a team-building day in Ain Sokhna with a number of different tasks being attempted which required the Pioneers to think practically and work as a team to achieve set goals. Another successful day and we look further to many more next year.

Mr G Thomas - Secondary Pioneers Coordinator





Here is just a small selection of some of our very talented Primary students who have recently won medals and awards for judo and gymnastics.

Well done to all of our superstars!

Ms C Boswell - Publications





MES Cairo Clinic

Our Clinic at MES Cairo provides primary care through simple first aid and emergency treatment for students who become ill or injured at school. A typical day at the clinic starts just after the students arrive at school, with the most common complaints received from students being those related to stomachache and headache.

In a recent interview, our kind and caring clinic staff told us that they feel very connected to our students.



One of our doctors stated: "They are like our children; we know everything about their medical history. We make sure that parents are always notified of their child's illness or injury to ensure their general safety and wellbeing is maintained."

"We are proud to be a part of the MES Cairo family."

We are also very proud of our medics! Thank you to our Clinic staff heroes, for all that you do for us, every day.

Ms C Bablli - Publications & Marketing Department















MESmerised



















MESmerised

























MESsenger 70 Team

Ms C Boswell, Ms S Sheehan, Ms C Collier, Ms C Bablli, Ms G Dajani, Mrs N Singleton, Ms R Sharkawy and Ms O Mawla. With special thanks to Elham Tadros at Glow Printing.



Modern English School Cairo is a learning community which provides a high quality education for children from Foundation Stage One to university entrance level, serving the needs of Egyptian and international families in Cairo. Our broad education is based upon the British Curriculum in Primary. In Secondary, we offer a choice between a British Curriculum, an American Curriculum and the International Baccalaureate Diploma Programme. Arabic and Religious Studies are taught throughout the school.

Our Mission

Leadership through Education: Caring, Challenging, Inspiring

We believe in:

- recognising the value of each individual and his/her relationship with others;
- promoting international understanding and responsible citizenship in a multicultural context, reflecting the best of Arab, Western and other world cultures;
- providing a supportive, inspiring environment which encourages learners to aim high and achieve their aspirations;
- creating opportunities for all to develop confidence, responsibility and integrity.

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