



# KEEP EGYPT WARM and 24hr Run at MES Cairo

Dear Parents,

We are all facing challenge and adversity this year but that does not make the plight of Egypt's poorer communities any less significant, especially with winter fast approaching. As is our annual tradition we wish to help KEEP EGYPT WARM in 2020, working once again with the Egyptian Food Bank and Egyptian Clothing Bank.

We ask that our MES Cairo families donate generously to our collections over the second half of Term 1. We welcome contributions of any of the following:

### Non-perishable food items



Canned items: tomatoes, corn, fowl



Dried beans and lentils



Pasta and Rice



Cooking Oil

### New or gently-used clothing



All sizes (children and adults)



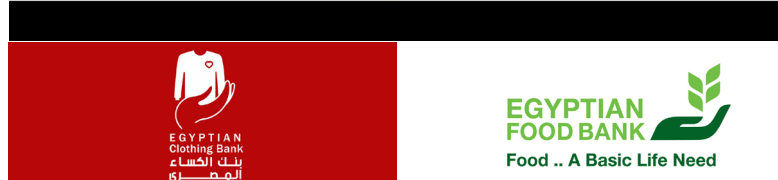
Winter and summer items



Clean and in good condition



Winter blankets





# Keep Egypt Warm

Items can be delivered by students and staff on their 'in-school' days, or, delivered to Gate 1 between 8.30am-12.30pm Saturday-Thursday. The advantage of having students bring items into school themselves is that class points (FS1-Y2) or house points (Y4-Y/G/DP12) can be earned with each item donated. The final day for collection will be the last day of Term 1: Thursday 17 December 2020.

We will work closely with the Egyptian Food Bank and the Egyptian Clothing Bank to sort donated items and ensure they are distributed to the schools we sponsor and their communities.

To add another dimension to the campaign, and to make up for our postponement of the 24hr Run 2020 event we had planned for last March, we will coincide our KEEP EGYPT WARM efforts with a 24hr Run initiative in the final two weeks of Term 1. You are encouraged to log into the Family Portal to order a 24hr Run t-shirt just as you did with our recent PINK DAY. All proceeds from t-shirt sales will be donated to our KEEP EGYPT WARM campaign.

Family Portal Link: <https://www.mescairo.com/familyportal/>

Students and staff will wear their event t-shirts on the following days; Mrs Dajani has consented to us wearing our event t-shirt with jeans on the days in order to make the occasion even more momentous!

# 24hr Run T-Shirt (and Jeans) Days

**Sunday 6 December 2020: Prim Group A + Sec Group A**

**Thursday 17 December 2020: Prim Group B + Sec Group B**

The dates above mark the start and end of 2 weeks in the school calendar where we will focus on our fundraising campaign and get the whole school moving. PE lessons and break times throughout the two weeks will incorporate a schedule of track-walking opportunities for all staff and students, even those sitting mid-year examinations!

Our aim over the two weeks is to keep students engaged in walking the track for a combined total of 24hrs; a nod to the usual event which would have us on the track for a condensed 24hr period. Students may wear their 24hr Run t-shirt instead of their uniform PE t-shirt during these special two weeks, as well as on the dates noted above which start and finish the event.

It is particularly important that we celebrate the strength of our community as we bring 2020 to a close. Making memories and maintaining traditions are important for our students as we strive to adjust to the changes and disruptions of our 'new normal'. The 24hr Run is a Whole School focus supporting our KEEP EGYPT WARM campaign this year; we want the MES Cairo community en masse to get behind both events and support the worthy cause of helping Egypt's communities in need.





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